

Quick Facts About

Covid-19

**Arkansas Department of Health
Hometown Health Improvement Section**

A photograph of medical supplies on a red surface. In the foreground, a blue and silver stethoscope lies diagonally. Below it, a white and blue digital thermometer is visible. In the background, several small glass vials with red caps are lined up.

Outline

LIST OF KEY CONCEPTS

- What is Coronavirus Disease 2019 (COVID-19) and how is it spread?
- Vulnerable Populations
- COVID-19 Exposure: What To Do
- Symptoms & Testing
- Ways To Prevent the Spread of COVID-19
- Stress and Coping
- Additional Resources



What is a novel coronavirus (COVID-19)?

A NEW DISEASE

A new coronavirus that has not been previously identified or seen in humans. This is a disease that is causing the 2019 novel coronavirus outbreak, identified in Wuhan, China. The new name is coronavirus disease 2019, abbreviated **COVID-19**. **CO-** Corona, **VI-** Virus, **D-** Disease.



How is COVID-19 spread?

PERSON-TO-PERSON

- Through respiratory droplets when someone coughs, sneezes, or talks.
- Between people who are in close contact with another (6 feet).
- Droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- Can be spread by people showing no symptoms.



How is COVID-19 spread?

TOUCHING SURFACES OR OBJECTS

- Touching a surface that has the virus and then touching mouth, nose or eyes.
- Small number of pets worldwide reported to be infected after being in close contact with people with COVID-19.
- Please Note: touching surfaces, objects or animals are not thought to be the **main** ways COVID-19 spreads. Research is still being done to learn more, but it is good to take precaution.

**TOTAL CASES AND DEATHS
IN THE UNITED STATES**

7.89 Million Cases

216k Deaths

*Updated October 14, 2020: Click
below for current data:*

[CDC COVID Data Tracker](#)

**TOTAL CASES AND DEATHS
IN ARKANSAS**

95,246 Cases

1,634 Deaths

Updated October 14, 2020.
Click below for current data:

[HealthyArkansasCovidNumbers](#)



Vulnerable Populations

- Older Adults
- People with Medical Conditions
- Racial & Ethnic Minority Groups
- People Experiencing Homelessness
- People with Disabilities
- People with Developmental and Behavioral Disorders

The background of the image features a close-up of a person's face, specifically their eyes and the top of their head, wearing a light blue surgical mask. The entire image is overlaid with a semi-transparent teal color. Scattered across this teal background are several stylized, glowing blue virus particles, each with a spherical core and a spiky, irregular outer shell. Two thin, horizontal grey lines are positioned above and below the main text.

COVID-19 Exposure: What To Do

self isolation

What To Do

If you've been exposed to someone who tested positive, get tested.

Once you've been tested:

- If you have symptoms, isolate yourself at home until your test results come back.
- If you have a known exposure but no symptoms, self-quarantine at home until 14 days have passed since your exposure, even if your results come back negative.
- If you have no known exposures or symptoms, you may resume normal activity while taking precautions like physical distancing, wearing a face covering when you go out, and frequent handwashing.